Hidden Markov models for prospective surveillance

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Influenza surveillance

• Models for influenza
• Data
• National P+I mortality

Hidden Markov Models

Model fitting

Forecasting

Future work
Serfling’s method for influenza.

- Traditional approach: model respiratory illness as sinusoid (Serfling’s method).
- Problem: sinusoid fits data poorly during epidemic periods (i.e. winter-time increase in flu activity).
- Implication for prospective surveillance: decreased performance (i.e. lower power for detection of outbreaks) during winter months.
Data

122 Cities influenza surveillance system:

- CDC operated program running continuously since 1962.
- Weekly counts attributed to pneumonia and influenza (P&I). Reporting lag of 2-3 weeks.
- Approx 25% coverage of U.S. pop’n. Used by CDC for determining epidemic influenza (Serfling).
- Age-specific counts available. 122 cities divided into 9 administrative regions, roughly 14 cities per region.
- Limitations: difficult to accurately attribute deaths to influenza; mortality known to lag morbidity (e.g. ILI activity); dynamics may differ from morbidity (depending on circulating viral strains).
National P+I mortality

Weekly P&I mortality
1990–1996

Year (starting Sep 1)

Count

National P+I mortality

- Influenza surveillance
  - Models for influenza
  - Data
  - National P+I mortality
- Hidden Markov Models
- Model fitting
- Forecasting
- Future work

Weekly P&I mortality
1990–1996

<table>
<thead>
<tr>
<th>Year (starting Sep 1)</th>
<th>Count</th>
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<tbody>
<tr>
<td>1990</td>
<td>600</td>
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<td>1991</td>
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<td>1992</td>
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<td>1996</td>
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</table>
National P+I mortality

Residuals from sinusoidal model

Year (starting Sep 1)
Influenza surveillance

Hidden Markov Models

- Classical approach
- Other approaches
- HMMs
- Evaluation

Model fitting

Forecasting

Future work

Hidden Markov Models
Classical approach

- Serfling’s model: underlying seasonal baseline is roughly sinusoidal. May be driven by temp; annual patterns (e.g. school year); dynamics of disease.

\[ Y_t = \alpha_0 + \alpha_1 t + \beta_1 \sin \left( \frac{2\pi t}{52} \right) + \beta_2 \cos \left( \frac{2\pi t}{52} \right) + \epsilon_t \]

- Large deviations above this baseline indicate epidemic state. Integrating residuals allows calculation of “excess mortality” i.e. mortality attributed to influenza above what would be expected, accounting for seasonal variation.

- Performs well for what it is asked to do. Not good at one-step-ahead predictions, since model fit is poor during epidemic state.
Other approaches

- Periodic regression with auto-regressive component (PARMA). Used in syndromic surveillance settings. Better model fit thanks to AR component.


- Nuño and Pagano developing mixed models approach using Gaussian with phase shift as random effect. Also incorporate bimodal Gaussian for occasional dual-wave behavior.
Our approach: HMMs.

- ‘Hidden” (latent, unobserved) discrete random variable, representing some aspect of disease process.

- Observed variables are modeled, conditional upon the hidden state. Know which state $\Rightarrow$ know distribution of observed random variable.

- Markov property: conditional probability of state change (transition probability) depends only on the value of latent state at previous time point. Thus specify the Markov model for $k$ states with a $k \times k$ matrix of transition probabilities, and the distributions of the observed data conditional on the hidden state.

- Parameter estimation using Bayesian inference Using Gibbs Sampling (BUGS). Freeware available, e.g. WinBUGS, BRUGS.
Hidden Markov Models (HMMs)

Model fitting in WinBUGS:

- Sequence of hidden states is treated as a free parameter and fit simultaneously with other model coefficients.
- Computational demanding for long time series; parameter space has order $k^n$.
- Convergence via Gibbs sampling may be an issue, esp for misspecified models.
- Latent variable provides information about mechanism of disease. Epidemic and non-epidemic behavior can be modeled separately.
Hidden Markov Models (HMMs)

\[ Y_t \sim \alpha_0 + \alpha_1 t + \beta_1 \sin \left( \frac{2\pi t}{52} \right) + \beta_2 \cos \left( \frac{2\pi t}{52} \right) \mid H_t = 0 \]

\[ Y_t \sim (\alpha_0 + \alpha_e) + \alpha_1 t + \beta_1 \sin \left( \frac{2\pi t}{52} \right) + \beta_2 \cos \left( \frac{2\pi t}{52} \right) \mid H_t = 1 \]

\( Y_t \) are observed data i.e. weekly P&I counts.

\( H_t \) are the hidden states (for us, 2-state model).

Arrows indicate conditional dependencies.
Evaluation

Evaluation scheme for model performance:

- Systematically investigate various HMMs and evaluate (with other approaches) using RMSE on one-step-ahead predictions.

- Use fixed period (e.g. 1992-1996) to fit all models, and subsequent year (1997) for predictions. Repeat on other time periods so evaluation is not dependent on time period chosen. “Virtual prospective surveillance” (Siegrist).

- Compare HMMs; Serfling’s method; PARMA; other methods?
Model fitting
Models

1. Traditional cyclic model (Serfling). OLS regression with terms for intercept, linear trend, two periodic terms for sinusoid with phase shift.

2. Periodic auto-regression (PARMA) with fixed order (2,0) fits cyclic model plus additional ARMA terms.


4. 2-state AR-HMM. Non-epidemic state, data follow PARMA. Epidemic state auto-regresses deviation from cyclic baseline.
Serfling’s model

Year (starting Sep 1)

Count


600 800 1000 1200
Simple HMM

Influenza surveillance

Hidden Markov Models

Model fitting
- Models
- Model fits
- Residuals

Forecasting

Future work
Influenza surveillance

Hidden Markov Models

Model fitting
- Models
- Model fits
- Residuals

Forecasting

Future work
Residuals

Influenza surveillance
Hidden Markov Models
Model fitting
- Models
- Model fits
- Residuals
Forecasting
Future work

Residuals – Serfling/HMM

Residuals – PARMA/AR–HMM
Residuals

Influenza surveillance

Hidden Markov Models

Model fitting
- Models
- Model fits
- Residuals

Forecasting

Future work
Both HMMs provide a roughly 25% reduction in RMSE from Serfling, roughly 10% reduction for PARMA.

<table>
<thead>
<tr>
<th>Model</th>
<th>RMSE</th>
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<tbody>
<tr>
<td>Serfling</td>
<td>83.3</td>
</tr>
<tr>
<td>PARMA</td>
<td>72.0</td>
</tr>
<tr>
<td>Simple HMM</td>
<td>63.7</td>
</tr>
<tr>
<td>AR-HMM</td>
<td>60.4</td>
</tr>
</tbody>
</table>
ACF of residuals

Influenza surveillance
Hidden Markov Models
Model fitting
- Models
- Model fits
- Residuals
Forecasting
Future work
Preliminary conclusions from model-fitting:

- HMMs offer superior model fit during epidemic periods. AR components do not offer much improvement during non-epidemic period.
- Both models with AR component eliminate auto-correlation of residuals. Important for use of control chart detection methods (e.g. Shewhart, CUSUM).
- Interpretability of latent variable (for two-state models) provides immediate benefit beyond better fit.
- Many-state models ($k > 2$) prove difficult to fit for convergence reasons.
Forecasting
Forecasting

Framework for evaluating forecasting performance:

- Three time periods chosen (essentially) at random. Five year periods, with four years for model fit/parameter estimation, and one year to evaluate forecasts (RMSE of one-step-ahead residuals).

- Evaluated PARMA and AR-HMM models using AR(2) components. Included Serfling and LVCF (lag 1 predictors) for comparison purposes.

- For HMMs, *ad hoc* procedure to choose state for prediction. Ratio of previous non-epidemic : epidemic residuals greater than 1.5 ⇒ use epidemic state prediction.
Data

- Influenza surveillance
- Hidden Markov Models
- Model fitting
- Forecasting
  - Forecasting
  - Data
  - Results
  - Discussion
- Future work

1972−1977

Counts


1982−1987

Counts


1992−1997

Counts

Results from forecasting methods depend on characteristics of epidemic season. HMMs generally outperform other methods.

<table>
<thead>
<tr>
<th>Model</th>
<th>1972-77</th>
<th>1982-87</th>
<th>1992-97</th>
</tr>
</thead>
<tbody>
<tr>
<td>LVCF</td>
<td>53.7</td>
<td>70.6</td>
<td>92.9</td>
</tr>
<tr>
<td>Serfling</td>
<td>36.1</td>
<td>68.1</td>
<td>129.9</td>
</tr>
<tr>
<td>PARMA</td>
<td>64.3</td>
<td>66.8</td>
<td>90.4</td>
</tr>
<tr>
<td>AR-HMM</td>
<td>45.3</td>
<td>62.3</td>
<td>94.1</td>
</tr>
</tbody>
</table>
Discussion

Preliminary conclusions from model-fitting:

- HMMs perform adequately for forecasting, with modest gains over other methods.

- Significant advantage provided by using all available data, rather than excluding portions of the time series as is customary with Serfling and PARMA models. AR component achieves better fit, thanks to more precise parameter estimation.

- Difficulty for forecasting is deciding on hidden state to use for prediction. More work needed to resolve this issue.
Future work

- Integration
- Diffusion of influenza
Integration

Bayesian methodology for integration of multiple time series:

- Developed for gene expression data.
- Bottom-up heuristic search to aggregate time series data; likelihood criterion using model specification to identify “clusters” of time series.
- Hypothesis: cluster assignments will vary over time; possibly dependent on circulating strain, point of origin; less evidence of diffusion in recent years.
Evidence for diffusion dynamics?

- Standardization of multiple time series to allow for direct comparison across geographic regions.
- Comparison of standardized counts across distances to quantify diffusion over course of surveillance period. Use $L^2$ norm, cross-correlation, for dissimilarity measure between series.
- Eventual goal: development of true spatio-temporal model for influenza activity.
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